SECRETS TO SOFIR

Insider Tips for Auburn's Transfer Students

A Letter from First Year Experience

We know transferring to another school can be a transition and especially this year. We hope that this newsletter will serve as a resource to help you along the way. We enjoyed having you join us at SOS orientation this past summer, and please know that First Year Experience and your Orientation Leader are here for so much more than just your

orientation session. We are here for questions, share advice, or be someone to go to when you don't know where to go throughout your time here. In this newsletter series, you will get campus updates, receive timely reminders, helpful tips and **information** by Auburn's transfer students, SOS Orientation Leaders and staff in First Year

Experience. Please do not hesitate to contact the First Year Experience office at (334) 844-4501 or fyedesk@auburn.edu. We're here to help!

War Eagle!



Sept 26 @ 11am: First home football game of the season against Kentucky.

Dates To Remember

Oct 2: eBill is due for miscellaneous charges. This bill was posted on September 6.

Oct 5: Deadline for Professors to submit Early Alert/Mid-Term Grades for all students in Core and First Year Seminar Classes. This is a great time to evaluate how you are doing in each of your classes and seek help if needed.

Oct 13: Deadline to request to move finals if you have more than two scheduled on the same day. You should request this through your Associate Dean.

Welcome to the Auburn Family from UPC!

University Program Council (UPC) was excited to see so many new and returning tigers participate in the variety of in-person and virtual events offered through Welcome Week. As you start to settle into your classes and the routine of the fall semester, we look forward to providing a variety of events to keep you engaged (while being safe) with the campus life here at Auburn.

The way events are being held look different this year, but one thing has remained the same: the commitment UPC has to the student body. University Program Council's mission is to enrich each student's Auburn experience by providing inclusive and engaging programs that foster community and a positive campus culture.



This year (even more than most), UPC recognizes its opportunity to cater to the needs of students while also keeping them safe.

UPC has created a slate of events that will do just that this year. We have a little something for everyone! Tonight, there will be Laser Tag on the Campus Green. Sound like fun? Make sure to sign up for a time slot (7-8, 8:30-9:30, or 10-11 PM) on Allinvolve.

Events like Laser Tag sound great and you want more or not your thing and you want to engage in something different? Not a problem, UPC has you covered. A wide variety of events such as: Painting on the Plains, regular outdoor films (upcoming showing on Sept. 17 on the Campus Green), Comedians (such as David Dobrik last year and virtually last week with Cody Ko & Noel Miller), Open Mic Nights, Student Center Takeover, Craft Workshops, and so much more!

UPC President, Britt Whitstine, reflects on the vear ahead, "I look forward to the coming months as UPC

has big plans to continue providing safe events for Auburn students. Be on the lookout for UPC, because Welcome Week was just the beginning!"

As this year continues, we want to hear from you! We create events for students, by students; so tell us what you want to see by either emailing upc@auburn.edu or sending us a direct message on Instagram (@auburnupc).

Keep up-to-date with all of the upcoming events UPC has to offer by checking out our page on

Allinvolve. We are also on

Facebook and Instagram: @auburnupc. We can't wait to see you there!

War Eagle!

University Program Council

AUBURN UNIVERSITY



A Great Website to Know—studentaffairs.auburn.edu/a-sound-mind

As an Auburn community, we "believe in a sound mind, a sound body, and a spirit that is not afraid." This line from the Creed helped inspire a campus-wide mental health initiative called A Sound Mind. This initiative hosts a website to provide you easy access to all mental health programs, services, and events at Auburn. Check it out for resources to help with various mental health topics. There are even tips to help with mental and emotional self-care during COVID-19 and this time of social distancing.

First Year Experience • 189 Foy Hall • fyedesk@auburn.edu • 334-844-4501

SECRETS TO SOMR

Calling all transfer students!



The Transfer Student Organization (TSO) is an organization made for **ALL** incoming transfer students at Auburn University. With the help of the First Year Experience Office, this organization was created in order to help transfers, just like you, get involved on Auburn's campus. To join or for more info, please send an email to dunnmes@auburn.edu.

Our first meeting is planned for later this September!

Have you registered to vote?

For more information about registering to vote, go to <u>vote.gov</u>. If you are planning to be registered in Alabama, your online registration deadline is October 19. If you are planning to vote absentee or by mail, make sure you review the policies and deadlines for your voting area since they vary by state.



Tips from Academic Support

The staff in Academic Support work to build a positive, approachable, and cooperative learning environment at the University. Below are a handful of tips from our staff to support your adjustment to Auburn.

SWITCH IT UP: As a transfer student, you may think you have already solidified your academic habits that will support your success.
Remember that Auburn University is a different place than your previous institution, and the unique challenges of the coursework at AU may require new approaches with studying and managing time.

start NOW: It's never too early to start incorporating new academic habits into your daily routine. Related, it is never too early to schedule a tutoring appointment, participate in a Supplemental Instruction (SI) session, or meet one-on-one with an Academic Coach.

UNDERSTAND THE COMMITMENT:

Did you know that the recommendation for studying each week is two hours for every one credit hour you are

enrolled at Auburn? Take the time to prioritize your schedule with classes, studying, tutoring, coaching, working, and anything else that you need to accomplish each week.

FIND WHAT WORKS: Keeping up with your class readings and note taking can be a challenge, so find a method that makes sense for you and your learning style. Maybe you prefer to audio-record lectures and listen to them on repeat. Or perhaps you learn more by writing out your notes while reading a textbook, and then typing them up on your computer later. You are the expert on you, so employ the techniques that best suit your needs. If you're unsure of where to start, you can meet with an Academic Coach to create a personalized plan.

GET TO KNOW YOUR ACADEMIC PROGRAM

REQUIREMENTS: Review the online AU Bulletin to understand the course requirements of your majors and/or minors and the course sequencing expectations. Don't hesitate to meet with your academic advisor to learn more!

CHECK YOUR EMAIL AND CANVAS, DAILY: Your AU email is the official medium for communication. Canvas is the online platform for your classes. Connect your phone to your email and check Canvas regularly. You don't want to miss out on important information simply because you forgot to check your email.

ASK FOR HELP: Often faculty, staff, and your peers will see you as an upperclassman student and will expect you to know "what's going on" at the University. It's nice to have others think you are prepared, but that comes with the expectation of actually being prepared. Ask for help from your academic advisor, Academic Support staff, faculty, and peers. You're part of the Auburn Family – we're here for you!

To learn more about Academic Support and its services, check out academicsupport.auburn.edu. Good luck in your transition to Auburn University, and War Eagle!



Transfer Tip:

Did you know the University Career Center has drop in hours? You can get immediate assistance Monday through Friday from 10-3 p.m. through Zoom (https://aub.ie/ UCC1). If additional help is needed, they'll help you make an appointment with a Career Counselor. The **University Career Center** can help you explore majors and career paths, find opportunities to gain experience (through jobs and internships), market yourself through a strong resume and cover letter, practice for a job interview, and help land a job through Handshake (Auburn's job posting platform).



STUDENT AFFAIRS

